

John B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Ethnic Studies from University of California, Berkeley
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

Hobbies and Achievements

4x Boston Qualifier 30107 PR
12604 Half Marathon P
1808 5k PR, 510mi PR
Triathlon Olympic Sprint Distance
Cooking and traveling



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Club ID: 167