

Josh A.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Mountain Biking
- Gaming (PS3)
- Baking & Whittling
- Expert Marksman
- Karaoke!!!



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