

Jon L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Health and Wellness from Arizona State University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Hang out with family, girlfriend Genesis or friends
- Firm believer in God
- Always been active in sports such as football, basketball and track
- Enjoying going to athletic events



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