

Angela Y.



Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from Cal Poly Pomona
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- HS Varsity 4 yrs
- Volleyball - HS Varsity 2 yrs
- Basketball - HS Varsity 1 yr
- Coach Soccer and Softball
- Teach Swim



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining