

Lucas L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- I like to challenge my fitness knowledge and goals
- Music
- Playing the Drums
- Flag Football, Basketball, Tennis
- Varsity Wrestling
- Paintball



For more info about this trainer,
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24hourfitness.com/personaltraining