

Lucas L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- I like to challenge my fitness knowledge and goals
- Music
- Playing the Drums
- Flag Football, Basketball, Tennis
- Varsity Wrestling
- Paintball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 171