

Abbey A.



Certified Personal Trainer
Team Member Since: 2003

Education & Certifications

- BS in Health and Sports Studies & Coaching Minor from Miami University (OH)
- CPR Certification

Hobbies and Achievements

- DIV I Collegiate Fastpitch Softball Player 1998-2002
- Fastpitch Softball Instructor & Business Owner
- Golf
- Wakeboarding
- Running
- Spending time at the beach



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 174