

# Jared R.



**Master Trainer**  
**Team Member Since: 2011**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Kinesiology from California State University San Diego
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Baseball
- Basketball
- Football
- Golf
- Lifting weights
- Running



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 174

