

Ellen D.



Certified Personal Trainer
Master Trainer
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Holistic Ministries from American Institute of Holistic Theology
- Clinical Hypnotherapy from Hypnosis Motivation Institute
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Hiking
- Dancing
- Reading
- Theater
- Health and Wellness



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 176