

Jennifer R.



Team Member Since: 2000

Education & Certifications

- BS degree in Health Education from California State University Northridge
- MS degree in Education from University of Phoenix.
- Aerobics and Fitness Association of America - Group Exercise Certification
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- teaching group exercise (Bootcamp, pilates, yoga and group swim classes)
- hiking, camping and fishing
- water skiing
- spending time with my family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining