

Travis C.



Certified Personal Trainer
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Competed in Carlsbad Triathlon 2012
- Youth AYSO Soccer Coach and PopWarner Football Coach
- Enjoy athletic workouts, CrossFit, body building, and functional training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining