Carmen S.



Certified Personal Trainer Team Member Since: 2013

Education & Certifications

- BS in Kinesiology-Exercise Science from Liberty University
- AED (Automated External Defibrillator)
- American College of Sports Medicine Certified Health Fitness Specialist
- CPR Certification

Hobbies and Achievements



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

