

Preston W.



Team Member Since: 2008

Education & Certifications

- BS degree in Applied Nutrition from the University of Delaware
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Comedy
- Jeopardy!
- the pursuit of happiness



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 179