

# Ryan N.



**Team Member Since: 1999**

## Education & Certifications

- BS Degree in Kinesiology - California Polytechnic State University Pomona
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- baseball, especially an LA Dodger fan
- sports cars and muscle cars



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

