

Ryan N.



Team Member Since: 1999

Education & Certifications

- BS Degree in Kinesiology - California Polytechnic State University Pomona
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- baseball, especially an LA Dodger fan
- sports cars and muscle cars



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 179

