

Sherry W.



Team Member Since: 2005

Education & Certifications

- BS in Physical Education from Colorado State University
- MA in Physical Education from Utah State University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Wood working
- Golf
- Kayaking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 180

