

# Amy L.



**Team Member Since: 2011**  
**Sessions Serviced: Less than 2,000**

## Education & Certifications

- BS in Family Studies from Arizona State University
- MA in Social Work from Arizona State University
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Running and working out
- Personal Success story
- Working with my children in sports



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 182

