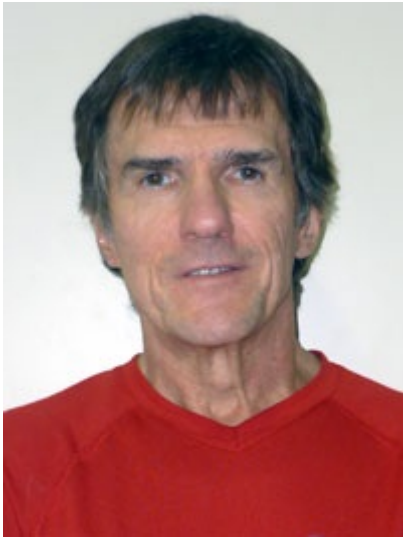


Greg M.



Master Trainer
Team Member Since: 2002
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Exercise Physiology from University of Minnesota
- MD from University of Minnesota
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Clinical Exercise Specialist
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Optimum Performance Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- Running, hiking, cycling
- Working with special populations
- Age specific training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 182