

Ron J.



Certified Personal Trainer
Team Member Since: 2008

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Cycling
- Fishing
- Healthy cooking
- Racquetball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining