

Joey B.



Master Trainer
Team Member Since: 2000
Sessions Serviced:10,000 +

Education & Certifications

- BA in Sociology from Wake Forest University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- All sports
- Song & Dance
- The Food Network



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