

John G.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- BA in Mathematics from New York University
- MS in Computer Science from West Coast University
- AED (Automated External Defibrillator)
- American Council on Exercise - Advanced Health and Fitness Specialist
- American Council on Exercise - Lifestyle and Weight Management Coach
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Honoree, St. Johns University, U of Baltimore
- Private pilot, radio
- Seated chest press of 290 pounds at the age of 74



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