

Kristin D.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in TV and Film Production from Quinnipiac University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Running
- Dancing
- Listening to live music



For more info about this trainer,
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24hourfitness.com/personaltraining