

Kristin D.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in TV and Film Production from Quinnipiac University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Running
- Dancing
- Listening to live music



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 183