

Grant C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- Computer Science from Sierra College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- My Daughter Lauren is my Biggest Achievement
- Athlete-3 Sport-EDHS local High School
- Microsoft Certified
- Enjoy spending time at the beach



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 185