

Bert D.



Certified Personal Trainer
Team Member Since: 2005

Education & Certifications

- BS in Business Administration from University of South Carolina
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Keeping up with my 11 year old Soccer, Basketball and Volleyball
- Weight training
- Outdoor activities



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