

# Candice C.



**Master Trainer**  
**Group X Instructor**  
**Team Member Since: 2006**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Kinesiology from California State University, Long Beach
- MS in Kinesiology- Exercise Science from California State University, Long Beach
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Traveling
- Dance
- Balance Training Masters Degree Thesis, 2012



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