Cory G.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- BS in Kinesiology (Occupational Therapy) from Golden West
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Beach volleyball
- Played volleyball in the Junior Olympics
- Enjoy the beach and water sports
- Love the outdoors



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 186

