

Viktoria B.



Master Trainer
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Exercise Science from Boston University
- MS in Exercise Physiology from San Diego State University
- MS in Nutrition Science from San Diego State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- University of South Florida Strength and Conditioning Coach 2008
- Boston University Athletic Enhancement Center Assistant Coach 2007
- USA Track & Field Certified Coach 2008
- USA Orienteering Team 2003-2010
- Running, Camping, and Hiking
- Live music and sunny days



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 191

