

Nicole A.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Psychobiology from UCLA
- MA in Kinesiology from California State University, Fresno
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Running
- Cycling
- Hiking
- Photography



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24hourfitness.com/personaltraining

Club ID: 192

