

Derek W.



Master Trainer
Team Member Since: 2007

Education & Certifications

- BS in Kinesiology from California State University Fullerton
- MS in Exercise Science from California University of Pennsylvania
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- 3 Years of Physical Therapy and Cardiac Rehabilitation Experience
- Skateboarding
- Snowboarding
- Basketball



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