

# Jennifer R.



**Team Member Since: 2001**

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Hiking
- Fly Fishing
- Horseback Riding
- Natural Health & Preparing Fresh and Organic Food



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**[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)**