

# Albert L.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Psychology from Claremont McKenna College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- SCIAC All Conference Team Track/Field 2000-2004
- SCIAC Hammer Throw Champion 2003, 2004



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 198

