

Snow B.

Education & Certifications



- BS in Kinesiology from California State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Integrated Flexibility Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Master Trainer

Team Member Since: 1999

Sessions Serviced: 20,000 +

Hobbies and Achievements

- Jump roping
- Hula hoop
- TRX
- FMS



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 198