

# John C.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Exercise Science from University of Mississippi
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Working out
- Football



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 200