

Andrew C.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- BA in Government & Biology from University of Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Soccer
- Rugby
- Running
- Kayaking
- Mud runs



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