

Art W.



Master Trainer
Team Member Since: 2006

Education & Certifications

- BS in Chemistry from Illinois State
- PhD in Polymer Chemistry from Texas A&M
- 24 Hour Fitness - Certified Personal Trainer
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Cycling
- Gourmet cooking
- Traveling
- Hiking
- Racing
- Skiing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 202