

# Lindsay G.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Psychology from St. Edwards University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Music
- Half Marathons and marathons
- Dance
- Soccer and volleyball
- Tar Heel Basketball



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