

# Lindsay G.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Psychology from St. Edwards University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Music
- Half Marathons and marathons
- Dance
- Soccer and volleyball
- Tar Heel Basketball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 202