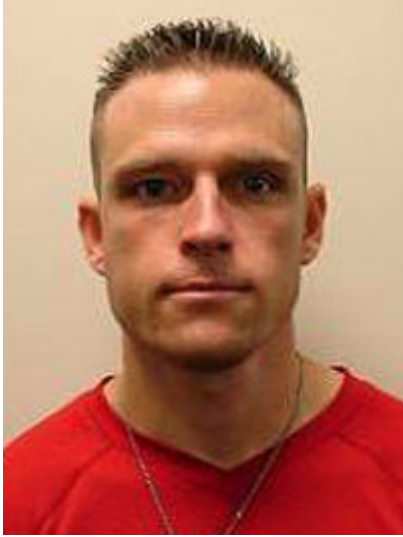


# Matthew G.



**Master Trainer**  
**Team Member Since: 2001**

## Education & Certifications

- Emergency Medical Technician - Basic
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Inbf/Ocb/Inba Natural competing.
- Health care duties.
- Firefighting operations
- Combat Challenge
- Football
- Outdoors activities



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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 202

