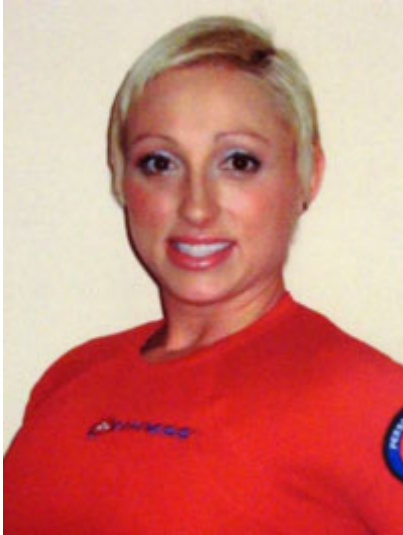


Nicole C.



Certified Personal Trainer
Master Trainer
Team Member Since: 1999
Sessions Serviced: 15,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- 1st place Ms. Fitness California and USA-2000 Earned IFBB PRO CARD
- 10th place Arnold Classic, 4th Place JAN TANA,
- 3rd place Pittsburg PRO-2001
- 11th place IFBB Fitness OLYMPIA-2001
- NSCS Member (National Society of Collegiate Scholars)
- South University Deans list Winter and Spring 2015 (physical therapy) CAPTE accredited



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 202

