

Sanora J.



Master Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Kinesiology from Concordia University in Austin, TX
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Spending time with my mom, sister, niece and brother
- Playing and watching basketball
- Lots of exercise and physical activity
- Engaging in different life ventures



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