

Tyrell H.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Science from University of Texas, Austin & West Texas A&M
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Anything football, professional aspirations
- Attempting to sing slow jams
- Crossfit
- Playing guitar, piano and Call of Duty
- Clean eating...I have a garden, no big deal



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