

Andrew F.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- Basketball, Captain of the team in 04-05
- Running, Pf changs Rock n Roll Marathon
- Rock Climbing
- Football
- Baseball and Co-ed Softball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining