

# Cam M.

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Hobbies and Achievements

- Running in events (Tough Mudder, Gladiator)
- Lifting weights for recreation
- Ironman award in squad leader school in Marines
- Dirt Biking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 205