

Peter L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Kinesiology and Physical Education from Northern Illinois University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification

Hobbies and Achievements

- Watching and playing just about any sport
- Camping
- Hiking



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