

# Peter L.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Kinesiology and Physical Education from Northern Illinois University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification

## Hobbies and Achievements

- Watching and playing just about any sport
- Camping
- Hiking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 205

