

Darren S.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from Stephen F. Austin State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Finisher of the Mardi Gras Marathon 2007
- Taekwondo Texas State Sparring Champion
- Recreational Golfer
- Collegiate Intramural Football, Softball, Soccer, Tennis



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