

Eduardo M.



Master Trainer
Team Member Since: 2010
Sessions Serviced:2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Spending time with my family
- Obstacle racing (Spartan Race, 5Ks+)
- Working out



For more info about this trainer,
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24hourfitness.com/personaltraining