

Susan H.



Team Member Since: 1996

Education & Certifications

- BS in Exercise Science from University of Texas Arlington
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Optimum Performance Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- The Arts
- History
- Building relationships
- Sports



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