## Samuel O.



Certified Personal Trainer Team Member Since: 2009 Sessions Serviced: 2,000 +

## **Education & Certifications**

- 24 Hour Fitness Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Council on Strength and Fitness Personal Trainer

## **Hobbies and Achievements**

- Sports
- Fitness Training
- Nutrition
- Music
- Entertainment



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

