John D.



Certified Personal Trainer Team Member Since: 2011

Education & Certifications

- BA in Business Administration from Florida International University
- AED (Automated External Defibrillator)
- American Council on Exercise Personal Trainer Certification
- CPR Certification
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- Paddle boarding
- Mountain biking
- Tennis
- Distance running



For more info about this trainer, scan this code with your smart phone or visit:

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