

Racquel C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Sociology from California State University San Marcos
- AED (Automated External Defibrillator)
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Softball (Catcher- Won 1st Team All League 2006)
- Basketball
- Running (Ran 3 Marathons)
- Hiking
- Spending Time With My Family



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