

Jered C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from Sam Houston State University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- 2004-2008 Member of Sam Houston Rugby Team
- 2011-2012 Fitness Director of Powerhouse Gym



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