Maria C.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Boxing Golden Gloves Winner 2011
- Kuk Sool Won
- Tae Kwon Do
- Basketball
- Volleyball



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