

# Shawn S.



**Certified Personal Trainer**  
**Team Member Since: 2001**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Exercise Science from Texas Tech University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Weight training
- Golf
- Baseball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)